



18<sup>th</sup> January 2022

Dear Parent/Carer

## COVID UPDATE INFORMATION FOR PARENTS

Since our return after the Christmas holidays, we have continued to see a steady rise in the number of cases of COVID19 across the school. We have been in discussions with Public Health Lancashire to ensure that we are doing everything we can to limit transmission as much as possible and keep families and staff safe. However, it is inevitable that we will continue to see positive cases, both in staff and pupils, and we must all continue to be mindful of keeping our distance and doing all we can to support each other.

Due to the continued pressures on staffing, we must also stress that although we continue to do everything we can to function as normal, there will be times when things will be missed – so please bear with us!

For now, we wish to highlight the next set of changes regarding self-isolation that have been introduced this week as well as remind you of how you can continue to support all we do in school.

The self-isolation period has been reduced from 7 days to 5. However, this is not as straightforward as it sounds, so please use the example below:

- Day 0 Positive test or symptoms start (whichever happens first). This day isn't included when calculating your isolation period.
- Day 1 The first day of isolation begins the day after your symptoms started or that you tested positive – whichever happens first.
- Day 5 Take an LFD Test and continue to isolate. If the result is negative you can take another test 24 hours later on Day 6. If it is positive, continue your isolation period.
- Day 6 Take an LFD Test. If the results of Day 5 and Day 6 are both negative, your isolation ends at the point of your second test. If the result is positive, continue your isolation period.

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## OTHER REMINDERS:

- If you have symptoms, self-isolate immediately, follow the Stay at Home guidance and book a PCR test.
- Report positive test results to the School Office.
- Be vigilant in monitoring signs and symptoms in children. We are experiencing a high number of pupils showing the symptoms: sickness, nausea, headaches and tiredness as well as the common COVID symptoms.
- If a member of your household tests positive they should self-isolate immediately (and as practicably possible, away from other household members).
- All household members, over the age of 5, are strongly recommended to take daily LFD tests for 7 days. Inform school of your current situation and if your child is well (and has negative LFD test results) they can attend school as normal.

I have updated the Covid Risk Assessment and this available on our school website. If you have any further questions please email [contact-us@skertonstlukes.lancs.sch.uk](mailto:contact-us@skertonstlukes.lancs.sch.uk) or call school on 01524 65445.

Yours sincerely

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